



**American
Red Cross**

Southeastern Pennsylvania Chapter

The American Red Cross Babysitter's Training has been newly revised to help students become the best and safest babysitters on the block.

Students will learn:

- How to pick up and carry an infant.
- How to bottle and spoon feed an infant
- How to burp an infant after feeding.
- How to check an unconscious infant or child.
- How to recognize breathing emergencies in infants and children.
- How to prevent germs from being spread among children.
- Proper handwashing techniques.
- Whom and when to call in different emergency situations.
- How to use the Family Interview Form to gain information for a safe and responsible babysitting experience.
- First Aid techniques for infants and children.
- Leadership Skills.

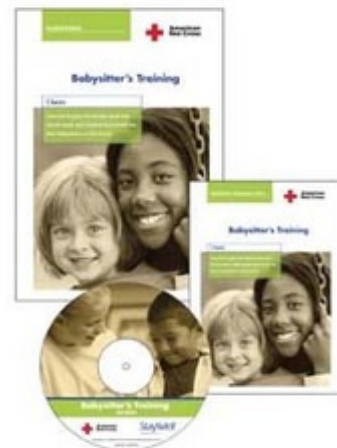


At the Babysitter's Training class, students will receive excellent materials to help them be prepared and professional.

Babysitters Training Handbook - This full colored handbook is filled with great information and resources to use in class and on the job.

Babysitter's Training Emergency Reference Guide - Be prepared with this compact booklet that provides step-by-step instructions to handle common emergencies such as asthma attacks, burns and cuts.

Babysitters Training CD-ROM – This CD-ROM provides the tools to run a babysitting business. It includes a babysitting organizer; printable activity booklet with games, crafts, songs and recipes; a resume template; interactive exercises to help students practice skills; and more.



Contact:

Daniel Boyd, Springfield Ambulance Corps
publicity@springfieldems.com

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